

Kinesthetic Edge

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Thank you for visiting Kinesthetic Edge. Please read the terms and conditions outlined in this document. Any use of this Web site, including our Free Lesson, ATM Studio lessons, or participation in Kinesthetic Edge Teleconferences constitutes your acceptance of the Terms and Conditions set out herein.

Teleconference Client Contract

Course and Method of Study

- I understand that I will be studying *Awareness Through Movement®*, a somatic education process that utilizes movement and self-observation to bring about positive changes in movement quality and habits.
- I understand that the lessons will be taught via telephone, with the instructor providing verbal instruction. I understand that there will be no direct contact with the instructor, and that the instructor and I will not be able to see each other.
- I understand that the emphasis of this program is to help develop greater kinesthetic awareness, which can, with continued practice lead to improved movement and postural habits.

Health, Safety, Liability

- I understand that this Method of training is not a medical treatment and should not replace any medically supervised or recommended course of action with regard to my health.
- I understand that I will not be diagnosed as part of my lessons and specific conditions will not be treated.
- I will consult my personal physician prior to enrolling in this program if I have any questions regarding my ability to participate fully and safely.
- I understand that the lessons will include instructions to perform various movement sequences and make various observations. I will immediately stop doing any movement or following any instruction that causes me even the slightest discomfort.
- I will take full responsibility for myself--my comfort and safety--during each lesson. I also assume full responsibility for the comfort and safety of any guests that I invite to participate with me during the teleconference.
- I release from liability, Kinesthetic Edge, its principals, and my Kinesthetic Edge Teleconference Instructor for any misfortune, discomfort or injury I incur, due to any negligent act or omission, during my lessons and as a result of my lessons, or as a result of my own negligence in creating a safe learning space for myself and my guests.

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- I have read the guidelines for creating a safe and comfortable learning space at my home or office, and will prepare my learning space prior to the start of the teleconference, paying special attention to safety concerns for myself and for anyone walking in, around, or through my learning space before, during, or after the teleconference.
- If I have special health concerns and I am not sure if teleconferences classes are appropriate for me, I will contact Kinesthetic Edge for further information prior to enrolling in a teleconference. I understand that depending upon the health conditions or concerns that I disclose, Kinesthetic Edge may recommend that I seek out alternative means of training in the Feldenkrais Method, which might include private study or live workshops. These recommendations will be made for my benefit and in good faith, but I understand that I am ultimately responsible for deciding how to proceed, if I still wish to study the Feldenkrais Method.

Additional Costs

- I understand that I may incur additional costs, not covered by my registration fee, which are my sole responsibility. These might include:
 - Long distance or international calling charges, as billed by my phone company.
 - Supplies, such as a mat, foam cushions, or other supplies for my learning space.

Call Times and Language

- I understand that teleconference times are based on United States Eastern Standard Time. It is my responsibility to call into each conference at the appointed time.
- I understand that all lessons will be conducted in English, unless otherwise noted on the registration payment page.

Refund Policy

- I understand that full refunds can be requested up to two hours before the start of the teleconference by submitting a request, as outlined in the confirmation e-mail provided at the time of registration. After this deadline has passed, the refund policy is as follows:
 - No refund once you have dialed into a teleconference. You will be responsible for the full cost of the workshop.
 - No refund for missed lessons--it is your responsibility to dial in for each lesson in your workshop series at the appropriate time. There are no make-up classes for missed lessons, and you may not call into another conference to make-up missed lessons.

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- Partial refunds for withdrawing from a conference less than two-hours before the scheduled start time will be calculated by subtracting the first day conference fee (\$35 for weekly format; \$70 for intensive two-day format) from your registration fee. The balance will be refunded to you. Please allow up to three business days for processing refunds.
- If Kinesthetic Edge cancels a teleconference, a refund will be given to all registered participants. If Kinesthetic Edge must cancel a scheduled meeting of a teleconference, a partial refund in the amount of the pro-rated hourly fee will be granted.

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